

As we will be using a strict hygiene protocol at our practice, we would like to request that you respect the following:

- We kindly ask you to wear a nose-mouth mask
- Do not enter the practice earlier than 5 minutes prior to your appointment.
- Bring your own towel.
- Upon arrival, please make immediate use of the dispenser which has been placed there for you to thoroughly cleanse and disinfect your hands.
- The therapist will come to collect you from the waiting room.